

Organizers:  INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE

 DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE  
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE  
Director: Professor G.N. Dalekos

# 7<sup>th</sup> International Congress of Internal Medicine of Central Greece

**MARCH 19-21, 2015**


Larissa Imperial Hotel

**LARISSA, GREECE**

<http://www.internalmedicine-uth.gr>

Under the auspices of:

 UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

 HELLENIC SOCIETY OF INTERNAL MEDICINE

 INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

The Congress will be submitted to be approved with  
Continuing Medical Education (C.M.E.) Credits by the Panhellenic Medical Association

**Preliminary Programme**



## WELCOME MESSAGE

Dear colleagues,

On behalf of the Organizing Committee, it is a great pleasure to welcome and invite you all to the **7<sup>th</sup> International Congress of Internal Medicine of Central Greece**, which will take place on **19-21 March, 2015** at Larissa Imperial Hotel, in **Larissa, Greece**.

The Congress is organized with the joint effort of the **Institute of Internal Medicine and Hepatology** and the **Department of Medicine and Research Laboratory of Internal Medicine of the University of Thessaly Medical School, Larissa, Greece**. We are also glad that the Congress is held under the auspices of the University of Thessaly Medical School, the Hellenic Society of Internal Medicine and the Internal Medicine Society of Northern Greece.

The Organizing and Scientific Committees, aiming to keep up with the educational nature of the previous successful Congresses, have prepared a stimulating scientific programme that will bring topics with broad, interdisciplinary interest to open dialogue and highlight the latest scientific achievements in a variety of diseases encountered in everyday clinical practice of Internal Medicine.

The multi topic scientific programme, given the importance of the international character of the Congress, is designed to feature rather interesting plenary state-of-the-art lectures, delivered by leading foreign and Greek experts, round tables designed in collaboration with different Scientific Societies covering hot topics and current issues in the field of internal medicine, up-to-date symposia along with satellite lectures and symposia.

Furthermore, the Congress will provide young-and not only-colleagues with a great opportunity to present their work, research and clinical experience through oral and poster presentations covering various section fields of Internal Medicine. Therefore we encourage interested colleagues to actively participate in the programme and submit abstracts of their work through the website of the Congress.

We trust that the three days experience in the Congress will become a great opportunity for younger to learn from the older, for experts to share their valuable knowledge and for all to gain from rewarding presentations and discussions.

Hoping to join us and meeting you all in Larissa in March 2015!

Best regards,

The President of the Organizing Committee

**George N. Dalekos**

*Professor of Medicine,*

*President, Institute of Internal Medicine and Hepatology,*

*Vice President, Internal Medicine Society of Northern Greece,*

*Vice President, Hellenic Society for the Study of Liver,*

*Head, Department of Medicine and Research Laboratory of Internal Medicine,*

*Medical School, University of Thessaly, Larissa, Greece*

# ORGANIZATION

Organizers:



**INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE**



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE,  
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

**Director: Professor G.N. Dalekos**

## ORGANIZING COMMITTEE

**President:** G.N. Dalekos

**Members:** K. Krapis                      C. Mandros  
                  K.P. Makaritsis            G. Ntaios

## SCIENTIFIC COMMITTEE

**Members:**

|                  |                        |                   |                 |
|------------------|------------------------|-------------------|-----------------|
| W. Bauer         | S. Georgiadou          | K.P. Makaritsis   | E.I. Rigopoulou |
| F. Bosch         | H. Giamarellou         | E. Maltezos       | K. Ritis        |
| G.L. Daikos      | C. Gogos               | M.P. Manns        | G. Samonis      |
| G.D. Dimitriadis | D.I. Hadjidakis        | P. Michel         | P.P. Sfikakis   |
| M.-A. Dimopoulos | A. Hatzitolios         | H.M. Moutsopoulos | G. Stergiou     |
| S. Dourakis      | N.L. Katsilambros      | G. Ntaios         | E.V. Tsianos    |
| M. Elisaf        | J. Koskinas            | J.-M. Pawlotsky   | K. Vemmos       |
| A. Garyfallos    | S. Kotsiou             | G. Petrikkos      | H. Wedemeyer    |
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| H.P. Gavras      | N. Madias              | S.A. Raptis       |                 |

Under the auspices of:



**UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**



**HELLENIC SOCIETY OF INTERNAL MEDICINE**



**INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE**

### HELLENIC SOCIETY OF INTERNAL MEDICINE BOARD

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President: A. Hatzitolios  
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# PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 19, 2015

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**14:00**            **Registration**

**14:30 - 16:00**   **ORAL PRESENTATIONS**

**16:00 - 16:30**   **STATE-OF-THE-ART LECTURE**

*Hellenic Stroke Organization*

Chairperson: **Konstantinos Vemmos** (Athens, Greece)

Predictors of early major worsening in acute ischemic stroke

**Patrik Michel** (Lausanne, Switzerland)

**16:30 - 17:00**   **Coffee break**

**17:00 - 17:30**   **SATELLITE LECTURE**

**17:30 - 19:00**   **ROUND TABLE**

**Clinical dilemmas in anticoagulation treatment in the era of NOACs**

Chairpersons: **Thorsten Steiner** (Frankfurt, Germany),  
**Stavros Konstantinides** (Alexandroupolis, Greece)

Management of anticoagulation during elective interventional procedures

**George Ntaios** (Larissa, Greece)

Antithrombotic treatment in patients with coronary artery disease and atrial fibrillation

**John Goudevenos** (Ioannina, Greece)

How and when should we restart anticoagulants after an anticoagulant-related intracranial hemorrhage

**Thorsten Steiner** (Frankfurt, Germany)

*MCQ voting system available*

# PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 19, 2015

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## 19:00 - 19:30 STATE-OF-THE-ART LECTURE

*Chairperson: Konstantinos Gourgoulianis (Larissa, Greece)*

Recent advances in diagnosis and management of pulmonary embolism

**Stavros Konstantinides** (*Alexandroupolis, Greece*)

19:30 - 19:45 Break

## 19:45 - 21:00 OPENING CEREMONY

*Welcome*

### *Inaugural Lecture*

The Long Journey of Hepatology: From the 1960s to our Days

**Stephanos J. Hadziyannis** (*Athens, Greece*)

21:00 WELCOME RECEPTION

# PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 20, 2015

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## 08:00 - 09:30 ORAL PRESENTATIONS

### 09:30 - 10:30 SYMPOSIUM Hepatitis C virus infection in the era of new DAAs

Chairpersons: **George N. Dalekos** (*Larissa, Greece*)  
**George V. Papatheodoridis** (*Athens, Greece*)

Current treatment options for HCV patients  
**Michael Manns** (*Hannover, Germany*)

HCV treatment in special populations  
**Cihan Yurdaydin** (*Ankara, Turkey*)

## 10:30 - 11:00 Coffee Break

### 11:00 - 12:30 ROUND TABLE Current trends in the pathogenesis and management of SLE

Chairpersons: **Yves Renaudineau** (*Brest, France*)  
**Dimitrios Vassilopoulos** (*Athens, Greece*)

Dysfunctional B cells in SLE  
**Yves Renaudineau** (*Brest, France*)

Dysfunctional T cells in SLE  
**Patrick Blanco** (*Bordeaux France*)

Lessons from animal models in SLE  
**Miri Blank** (*Tel Aviv, Israel*)

Management of SLE patients with nephritis and CNS  
**George Bertias** (*Heraklion, Greece*)

## 12:30 - 13:00 SATELLITE LECTURE

## 13:00 - 14:00 SATELLITE SYMPOSIUM

# PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 20, 2015

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**14:00 - 15:30 E-POSTER PRESENTATIONS**

**15:30-16:00 Leisure time**

**16:00 - 17:30 ROUND TABLE**

**Common diseases of the upper GI tract: new aspects on pathogenesis and treatment**

*Hellenic Society of Gastroenterology*

Chairpersons: **Grigorios Paspatis** (Heraklion, Greece)

**Sotirios D. Georgopoulos** (Athens, Greece)

Pathogenesis and current treatment of gastroesophageal reflux disease

**Georgios Karamanolis** (Athens, Greece)

Pathogenesis and current treatment of H. pylori infection

**John Vlachogianakos** (Athens, Greece)

Epidemiology, pathogenesis and current treatment modalities of non-variceal upper gastrointestinal bleeding

**Konstantinos Thomopoulos** (Patras, Greece)

Peptic ulcer disease and complications from non-steroidal anti-inflammatory drugs and antiplatelet agents: epidemiology, mechanisms of tissue damage and gastroprotective strategies

**Dimitrios Christodoulou** (Ioannina, Greece)

*MCQ voting system available*

**17:30 - 18:15 SATELLITE SYMPOSIUM**

**18:15 - 18:45 Coffee Break**



Friday, March 20, 2015

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**18:45 - 20:15 ROUND TABLE**

**Complications of portal hypertension: what's new?**

*Hellenic Society for the Study of Liver*

Chairpersons: **Rajiv Jalan** (London, UK)

**John Koskinas** (Athens, Greece)

Pathogenesis and treatment of hepatic encephalopathy

**Rajiv Jalan** (London, UK)

Management of ascites

**Pinelopi Manousou** (London, UK)

Management of variceal bleeding

**Christos Triantos** (Patras, Greece)

Infections in patients with cirrhosis

**Alexandra Alexopoulou** (Athens, Greece)

*MCQ voting system available*

**20:15 - 21:00 SATELLITE SYMPOSIUM**

Saturday, March 21, 2015

**08:00 - 09:00 ORAL PRESENTATIONS**

**09:00 - 10:30 ROUND TABLE**

**Current trends in the diagnosis and management of arterial hypertension**

*Chairpersons:* **Konstantinos P. Makaritsis** (Larissa, Greece)  
**Vasilios Kotsis** (Thessaloniki, Greece)

White coat and masked hypertension

**Vasilios Kotsis** (Thessaloniki, Greece)

Metabolic syndrome, hypertension and vascular diseases

**Niki Katsiki** (Thessaloniki, Greece)

Hypertension in children and adolescents

**Stella Stabouli** (Thessaloniki, Greece)

Early Vascular Ageing (EVA): a new target for hypertension treatment

**Peter Nilsson** (Malmö, Sweden)

*MCQ voting system available*

**10:30 - 11:00 STATE-OF-THE-ART LECTURE**

*Hellenic Society of Medical Oncology*

*Chairperson:* **Athanasios Athanasiadis** (Larissa, Greece)

Best supportive care in cancer patients: ethical dilemmas

**Georgios Samonis** (Heraklion, Greece)

**11:00 - 11:30 Coffee Break**

Saturday, March 21, 2015

**11:30 - 13:00 ROUND TABLE**

**Novel oral treatments in type II diabetes mellitus**

*Hellenic Society of Internal Medicine*

Chairperson: **Sotirios A. Raptis** (Athens, Greece)

New drug approval process: Are we reaching the target?

**Eleni Boutati** (Athens, Greece)

Novel agents in the armamentarium for type 2 diabetes

**Melpomeni Peppa** (Athens, Greece)

Debate: Unmasking the evidence of efficacy and safety.

Cheaper or better

**Panagiotis Halvatsiotis** (Athens, Greece)

**Eleni Boutati** (Athens, Greece)

**Melpomeni Peppa** (Athens, Greece)

Conclusions

**Sotirios A. Raptis** (Athens, Greece)

**13:00 - 13:30 STATE-OF-THE-ART LECTURE**

*Hellenic Society of Internal Medicine of Northern Greece*

Chairperson: **Apostolos Hatzitolios** (Thessaloniki, Greece)

Treatment of dyslipidemia: what, when and how

**Konstantinos Tziomalos** (Thessaloniki, Greece)

**13:30 - 14:00 STATE-OF-THE-ART LECTURE**

Chairperson: **Helen Giamarellou** (Athens, Greece)

Zoonoses revisited: Current aspects and management in 2015

**Bruno Hoen** (Guadeloupe, France)

**14:30 - 15:30 E-POSTER PRESENTATIONS**

**15:30 - 16:00 Leisure time**

Saturday, March 21, 2015

**16:00 - 17:30 ROUND TABLE**

**Antibiotics in everyday clinical practice; what do I need to know: case studies**

*Hellenic Society of Chemotherapy*

Chairpersons: **Helen Giamarellou** (Athens, Greece)

**Charalampos Gogos** (Patras, Greece)

Case 1

**Charalampos Gogos** (Patras, Greece)

Case 2

**Helen Giamarellou** (Athens, Greece)

Case 3

**Kyriaki Kanellakopoulou** (Athens, Greece)

*MCQ voting system available*

**17:30 - 19:00 ROUND TABLE**

**Advances in imaging in every-day clinical practice**

Chairpersons: **Ioannis Fezoulidis** (Larissa, Greece)

**Nikolaos Kelekis** (Athens, Greece)

Advances in neuroimaging

**Eftychia Kapsalaki** (Larissa, Greece)

Advances in SPECT cardiac imaging

**Maria Koutelou** (Athens, Greece)

Advances in diagnosis of focal liver lesions - Elastography

**Dirk-André Clevert** (Munich, Germany)

**19:00 - 19:30 Coffee Break**

**19:30 - 21:00 SATELLITE SYMPOSIUM**

**21:00 Farewell Reception**

## GENERAL INFORMATION

### Venue

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#### **LARISSA IMPERIAL HOTEL**

182 Farsalon Str., GR 413 35 Larissa, Greece

Tel: +30 2410 687600, Fax: +30 2410 687687

Email: [lj@classicalhotels.com](mailto:lj@classicalhotels.com), Website: <http://www.classicalhotels.com/larissaimperial>

### Dates & Hours

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Thursday, March 19<sup>th</sup>, 2015      14:30 - 21:00

Friday, March 20<sup>th</sup>, 2015      08:30 - 21:00

Saturday, March 21<sup>st</sup>, 2015      08:00 - 21:00

### Official Language

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The official language of the Congress is **English**.

Simultaneous translation (interpretation) will not be provided.

### Website

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Find all useful information and updates about the Congress at

[\*\*www.internalmedicine-uth.gr\*\*](http://www.internalmedicine-uth.gr)

Contact: [\*\*admin@internalmedicine-uth.gr\*\*](mailto:admin@internalmedicine-uth.gr)

*Newsletter: If you wish to receive information and be updated about congress issues, you may subscribe to the newsletter subscription form available on the website.*

### Accreditation

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The Congress will be submitted to be approved with Continuing Medical Education (C.M.E.) Credits by the Panhellenic Medical Association according to the EACCME-UEMS criteria.

### Sponsors/ Exhibition

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A major exhibition will accompany the Congress, where pharmaceutical and/or equipment/device industries will display relevant products, services and therapeutic developments, reach and interact with the medical community, promote their activities, research and technologies.

For relative information interested Companies may contact the Organizing-Administrative Bureau Conferre Ltd ([info@conferre.gr](mailto:info@conferre.gr)).

### Letter of Invitation

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Participants may require an official Letter of Invitation to enable them to overcome administrative difficulties in their countries in order to participate in the Congress. It must be understood that such letters do not imply any commitments from the congress to provide financial assistance. However, please note that the letter of invitation can only be sent to registered participants. If you require such a letter, please apply to the Secretariat (after your successful registration, please send an e-mail to [\*\*info@conferre.gr\*\*](mailto:info@conferre.gr) in order to receive your invitation letter on time).

# GENERAL INFORMATION

## Liability and Insurance

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The Organizers as well as the Organizing-Administrative Bureau will assume no liability for injuries or losses of any nature incurred by participants and/or accompanying persons, or for the damage, loss or theft of their personal property during the Congress. Participants are advised to take out their own health, travel and personal insurances.

## Registration

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### Registration Fees (Euro/incl. VAT 23%)

| Category                   | Cost    |
|----------------------------|---------|
| <sup>1</sup> Doctors       | 100,00€ |
| <sup>1</sup> Trainees      | 70,00€  |
| <sup>2</sup> Nursing Staff | Free    |
| <sup>2</sup> Students      | Free    |
| <sup>3</sup> Other         | 30,00€  |

#### 1. Registration for doctors and trainees includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of attendance
- Coffee Breaks
- Welcome Reception
- Farewell Reception

#### 2. Registration for nursing staff and students includes

- Admission to the congress area and scientific sessions
- Admission to the exhibition area
- Certificate of attendance

#### 3. Registration for other includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of attendance

## Accommodation

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The Organizing Administrative Bureau has reserved an adequate number of rooms in the Larissa Imperial Hotel (Congress venue) at special rates for the participants for the period of **March 19-21, 2015**. For more information about the rates and accommodation booking process, participants may contact Conferre Ltd.

*Conferre Ltd has been appointed as the official accommodation booking agent for the Congress and will handle all related arrangements.*

**Requests will be served on a first-come, first-served, space-available basis. We strongly advise all participants to request for accommodation booking as soon as possible.**

**The Organizing-Administrative Bureau will not be able to guarantee rooms after January, 30<sup>th</sup>, 2015.**

# CALL FOR ABSTRACTS

## Contact

### Organizing-Administrative Bureau/Secretariat: Conferre Ltd

4<sup>th</sup> klm Ioannina-Dodoni Avenue, GR 45110 Ioannina, Greece

Tel.: (+30) 26510 68610, Fax: (+30) 26510 68611

E-mail: [info@conferre.gr](mailto:info@conferre.gr), Website: [www.conferre.gr](http://www.conferre.gr)

## Call for abstracts

*Share the knowledge!*

Young colleagues are invited to actively contribute to the programme by presenting their research to an international audience of medical experts, through **Oral** and **e-Poster Presentations**.

All submitted abstracts will be reviewed by an Abstract Review Committee and all accepted and valid ones will be presented during the scientific programme as an Oral Presentation or an e-Poster Presentation.

**Abstracts should be submitted only through  
the online abstract submission form at the official website  
[www.internalmedicine-uth.gr](http://www.internalmedicine-uth.gr)  
Abstracts submitted by email or fax will not be accepted.**

Abstracts may be submitted in **English** language.


*Please visit the website for all useful guidelines about the preparation and  
submission of your abstract!*

**Abstract Submission Deadline: January 07, 2015**  
**Notification of Acceptance/Rejection of Abstracts: January 27, 2015**

Abstracts of all Oral and e-Poster Presentations of the Congress will be also included in the **e-Abstract Book** of the Congress.

### Note:

For any abstract submitted for presentation, the Registration Fee for at least one of the authors must be paid (preregistration is required at least 3 weeks prior to the Congress, for confirmation of participation). If a participant pays the Registration Fee in order to submit an abstract and the abstract is finally not accepted, there will be a full refund only if the author does not desire to participate in the Symposium and send a written request to the Secretariat within 15 days of the notification of abstract rejection.



## **Remember the Dates!**

Abstract Submission Deadline:

**January 7, 2015**

Notification of Acceptance/Rejection of Abstracts:

**January 27, 2015**

Availability for Accommodation Booking

**January 30, 2015**

Final Programme available via website:

**January 30, 2015**

## **Submit your abstract now!**