



I International
S Symposium
I Intra
A Articular
T Treatment

Educational Edition Greece 2014

Organized by:



National Foundation of Ultrasound Guided
Hip Intra-Articular Therapy (ANTIAGE)
www.antiagefbf.it

In collaboration with:



Rheumatology Clinic, Faculty of Medicine,
School of Health Sciences, University of Ioannina
www.rheumatology.gr

**Under the
auspices of:**



University of Ioannina, Greece
www.uoi.gr



Hellenic Rheumatology Society
and Professional Association
of Rheumatologists
www.ere.gr



MITOS
(Musculoskeletal Imaging
Techniques-Ongoing Sonography:
A task force for Greek
Rheumatologists)



Ioannina

September 25-27 2014

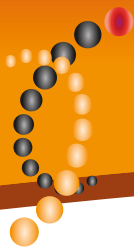
**Hotel du Lac, Ioannina, Greece
(Congress Halls, Main Building)**

Course Chairman: Alberto Migliore (Italy)

Course Co-Chairman: Alexandros A. Drosos (Greece)

www.isiat.it

Preliminary Programme



ISIAT Educational Course

25 September

THURSDAY

15.30-16.00 **Opening ceremony**

Greeting of the authorities

16.00-17.00 **LECTURE**

Chairman: *A. A. Drosos*

Intra-articular therapy for the hip joint: state-of-the-art

A. Migliore

17.00-19.40 **1st SESSION**

Rehabilitation and Viscosupplementation: optimizing the synergism

G. Boni

Different joints, different doses and volumes

S. Colen

Combining hyaluronic acid with new substances: perspectives

E. Bizzi

Role of intra-articular HA injections in sports medicine, applications, results and new trends

G. Boni

Viscosupplementation is a cyclical treatment

A. Migliore

Are there predictors of outcome in VS OA?

R. Raman

Viscosupplements: do they have the same safety?

U. Massafra

26 September

FRIDAY

9.00-10.00 PRACTICAL SESSION

Ultrasound-guided intra-articular injections: practical courses on how to do it

(Room 1) Ankle	G. Kakavouli
(Room 2) Hand and wrist	S. Tormenta
(Room 3) Hip	A. Migliore
(Room 4) Knee	E. Bizzi
(Room 5) Shoulder	G. Filippou
(Room 6) Sacro-iliac	A. Klauser

10.00-11.30 ROUND TABLE (DODONI HALL)

The challenge of guidelines for intra-articular treatments: exploring the gap between clinical practice and recommendations for viscosupplementation

Chairman: *P. V. Voulgari*

A. Migliore, R. Raman, S. Colen

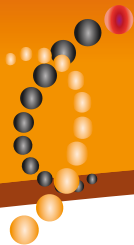
11.30-12.00 *Coffee Break*

12.00-13.00 PRACTICAL SESSION

Ultrasound-guided intra-articular injections: practical courses on how to do it

(Room 1) Ankle	G. Kakavouli
(Room 2) Hand and wrist	S. Tormenta
(Room 3) Hip	A. Migliore
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(Room 6) Sacro-iliac	A. Klauser





ISIAT Educational Course

13.00-14.00 *Lunch*

14.00-16.20 **2nd SESSION**

Stem cells in osteoarthritis: state-of-the-art and perspectives

C. Tremolada

PRP in sports medicine: applications

E. Pakos

Tribosupplementation: a promising treatment

TBA

The effects of intra-articular ozone-oxygen injections

D. Karokis

The experience of botulinum toxin, capsaicine, clodronate and hypertonic dextrose injections for intra-articular therapy in osteoarthritis

E. Bizzi

Managing pain after arthroscopy

S. Colen

Intra-articular treatment in Inflammatory arthritides

H. Bliddal

16.20-17.00 *Coffee Break*

17.00-18.00 **PRACTICAL SESSION**

Ultrasound-guided intra-articular injections: practical courses on how to do it

(Room 1) Ankle	<i>G. Kakavouli</i>
(Room 2) Hand and wrist	<i>S. Tormenta</i>
(Room 3) Hip	<i>A. Migliore</i>
(Room 4) Knee	<i>E. Bizzi</i>
(Room 5) Shoulder	<i>G. Filippou</i>
(Room 6) Sacro-iliac	<i>A. Klauser</i>

27 September

SATURDAY

9.00-10.00 PRACTICAL SESSION

Ultrasound-guided intra-articular injections: practical courses on how to do it

(Room 1) Ankle	G. Kakavouli
(Room 2) Hand and wrist	S. Tormenta
(Room 3) Hip	A. Migliore
(Room 4) Knee	E. Bizzi
(Room 5) Shoulder	G. Filippou
(Room 6) Sacro-iliac	A. Klauser

10.00-11.30 OPEN DEBATE

Therapies in comparison: comparing intra-articular treatments steroids, PRP, Hyaluronic acid

H. Bliddal, D. Karokis

11.30-12.00 *Coffee Break*

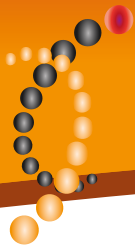
12.00-13.00 PRACTICAL SESSION

Ultrasound-guided intra-articular injections: practical courses on how to do it

(Room 1) Ankle	G. Kakavouli
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(Room 3) Hip	A. Migliore
(Room 4) Knee	E. Bizzi
(Room 5) Shoulder	G. Filippou
(Room 6) Sacro-iliac	A. Klauser

13.00-14.00 *Lunch*





ISIAT Educational Course

14.00-15.40 3rd SESSION

Ultrasound-guided injection of sacro-iliac joints: techniques and strategies

A. Klauser

Ultrasound-guided injection of hip: the techniques

S. Tormenta

When is it necessary to use US guidance for injecting joints?

G. Filippou

US guided shoulder, knee and wrist interventions: tips and tricks

A. Klauser

US anatomy of the joints: what an intra-articular therapist should know

S. Tormenta

15.40-16.40 PRACTICAL SESSION

Ultrasound-guided intra-articular injections: practical courses on how to do it

(Room 1) Ankle	<i>G. Kakavouli</i>
(Room 2) Hand and wrist	<i>S. Tormenta</i>
(Room 3) Hip	<i>A. Migliore</i>
(Room 4) Knee	<i>E. Bizzi</i>
(Room 5) Shoulder	<i>G. Filippou</i>
(Room 6) Sacro-iliac	<i>A. Klauser</i>

Ioannina September 25-27, 2014

INVITED FACULTY

<i>Bizzi E.</i>	<i>(Italy)</i>
<i>Bliddal H.</i>	<i>(Denmark)</i>
<i>Boni G.</i>	<i>(Italy)</i>
<i>Colen S.</i>	<i>(Belgium)</i>
<i>Drosos A. A.</i>	<i>(Greece)</i>
<i>Filippou G.</i>	<i>(Italy)</i>
<i>Kakavouli G.</i>	<i>(Greece)</i>
<i>Karokis D.</i>	<i>(Greece)</i>
<i>Klauser A.</i>	<i>(Austria)</i>
<i>Massafra U.</i>	<i>(Italy)</i>
<i>Migliore A.</i>	<i>(Italy)</i>
<i>Pakos E.</i>	<i>(Greece)</i>
<i>Raman R.</i>	<i>(UK)</i>
<i>Tormenta S.</i>	<i>(Italy)</i>
<i>Tremolada C.</i>	<i>(Italy)</i>
<i>Voulgari P. V.</i>	<i>(Greece)</i>

ORGANIZING SECRETARIAT
ITALY

dynamicom

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Website: www.dynamicomcommunications.it

LOCAL ORGANIZING SECRETARIAT
IOANNINA, GREECE

Conferre Ltd

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4th klm Ioannina-Dodoni Avenue, GR 45110 Ioannina, Greece
Tel: (+30) 26510 68610, Fax: (+30) 26510 68611
E-mail: info@conferre.gr
Website: www.conferre.gr

GENERAL INFORMATION

VENUE

Hotel du Lac (Congress Halls, Main Building)

A. Miaouli & Ikkou, GR 45221 Ioannina, Greece

Tel: (+30) 26510 59100, **Fax:** (+30) 26510 59200

E-mail: info@hoteldulac.gr

Website: www.hoteldulac.gr

DATES & HOURS

September, 25-27, 2014

Thursday, September, 25, 2014 **15.30 - 19.40**

Friday, September, 26, 2014 **09.00 - 18.00**

Saturday, September, 27, 2014 **09.00 - 16.40**

OFFICIAL LANGUAGE

The official language of **ISIAT Educational Edition Greece 2014 is English.**

Simultaneous translation (interpretation) will not be provided.

OFFICIAL WEBSITE

All the necessary information about **ISIAT Educational Edition Greece 2014** will be available at the **official website** of the Congress: **www.isiat.it**

CERTIFICATE OF ATTENDANCE

All registered participants are entitled to receive a Certificate of Attendance.

REGISTRATION

Registration Fees	Euro (not incl. VAT 23%)
Registration Category	Registration Fees
Doctors	€ 150,00
Residents	€ 50,00
Nursing Staff	Free
Students	Free

Registration includes:

- Admission to the Scientific Sessions (both theoretical & practical ones)
- Admission to the exhibition
- Course Material (badge, delegate bag, final programme, etc)
- Certificate of Attendance
- Coffee breaks and lunches during the Course
- Welcome Reception

You can find & fill out the **Registration Form** at **www.isiat.it**.

ACCOMMODATION

The Local Organizing-Administrative Bureau/Secretariat has reserved an adequate number of **rooms** at the **Hotel du Lac**, Ioannina, Greece (Course venue) at **special rates** for the **participants** of ISIAT Educational Edition Greece 2014.

For **reservations**, please, contact the Local Organizing-Administrative Bureau/Secretariat

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Tel: (+30) 26510 68610, **Fax:** (+30) 26510 68611

E-mail: info@conferre.gr