



URL: <http://www.ICE2006.gr>

1st Announcement  
Preliminary Programme

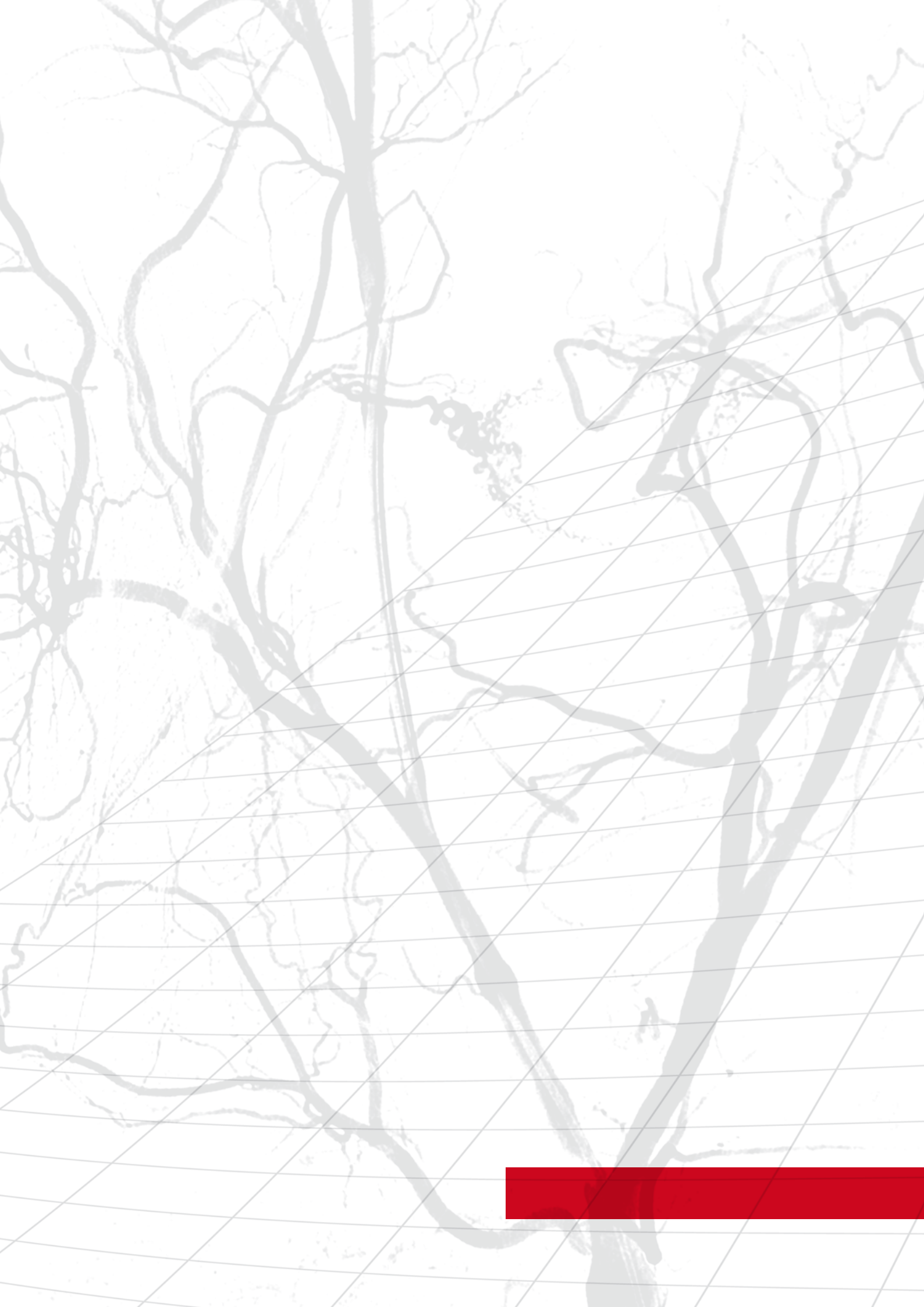
Ioannina  
Cardio-Vascular Education **ICE** 2006  
December 7 - 9, 2006, Ioannina, Greece

Jointly organized by:

Working Group of  
Invasive and Interventional  
Cardiology of the Hellenic  
Cardiological Society

Hellenic Society of  
Vascular and Surgery

Michaelidion Cardiac Center  
of the University of Ioannina



# Invitation

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## **Ioannina Cardiovascular Education 2006**

Over the last 5 years the ICE meetings gained both scientific and organizational success.

The ICE organizing committees tried every year to make subtle changes in order to keep abreast with the initial success and allow the growing of the congress. During the sixth consecutive year of this meeting we believe that time has come for more drastic changes. Without losing ICE's friendly and educational atmosphere, ICE 2006 has been redesigned as an interdisciplinary scientific event, having a new host, the city of Ioannina. This year the meeting will be the result of a common effort of the Working Groups of Invasive and Interventional Cardiology and Nursing of the Hellenic Cardiological Society, the Hellenic Society of Vascular and Endovascular Surgery and the Michaelidion Cardiac Center of the University of Ioannina. The program will try to incorporate educational sessions regarding the management of the whole spectrum of the cardiovascular diseases. Coronary and peripheral vascular live cases will be broadcasted, the didactic multiple choice questions format will continue as well as the didactic lectures. Further to these, the program will be enriched by a number of focused workshops, simulator training sessions and will incorporate an educational course on radiation protection organized by the Greek Atomic Energy Commission.

The ICE 2006 structured educational program emphasizes the benefits that flow to the patients through real multidisciplinary collaboration. Interventional cardiologists, vascular surgeons and radiologists bring different perspective, knowledge base and skill to the management of the cardiovascular patient.

ICE 2006 is designed to meet the needs of all physicians, nurses and other healthcare professionals interested in the management of patients with heart and vascular diseases.

Finally, outwith the programme, this three-day learning experience aims at forming the basis of long-term friendships, contacts and networking.

**Working Group of Invasive and  
Interventional Cardiology of the  
Hellenic Cardiological Society**

*President:* D. Sionis

*Vice President:* G. Pavlides

*Members:*

A. Magginas

L.K. Michalis

K. Toutouzas

E. Lazaris

N. Zambetakis

E. Pissimisis

**Michaelidion Cardiac Center of the  
University of Ioannina**

*President:* L.K. Michalis

*Vice President:* J. Goudevenos

*Members:*

D. Fotiadis

A.D. Tselepis

M.I. Matsagas

**Hellenic Society of Vascular and  
Surgery**

*President:* Ch. Liapis

*Vice President:* G. Eleutheriou

*Past President:* D. Avranitis

*President elect:* I. Ntagiantas

*Members:*

C. Maltezos

P. Antoniadis

P. Petrovas

**Working Group of Cardiac Nurses of  
the Hellenic Cardiological Society**

*President:* P. Rammou

*Vice President:* E. Gerodimou

*Members:*

D. Tziallas

Ch. Festeridou

E. Stamatopoulou

**Course Directors**

*Cardiac:* L.K. Michalis, D. Sionis,  
G. Pavlides

*Vascular:* M.I. Matsagas, Ch. Liapis

*Nursing:* D. Tziallas

*Radiation Protection:* J. Kalef-Ezra

## Purpose and Objective of the Sessions:

During Friday and Saturday ICE 2006 will be held mainly in 2 halls, which will run on parallel. As we believe that interaction between the different specialities is essential, coronary and vascular sessions will be held in both halls. In addition a nursing session will be held in a third hall, an IVUS education course for a limited number of attendees in a separate room, while simulator training will be offered during the meeting.

### Workshops:

Four different half-day workshops will be held in parallel on Thursday, December 7th, 2006. The participation fee for each Workshop is 20,00 €. If you wish to attend any of the Pre-Meeting Workshops please fill in the appropriate fields in the Pre-Registration Form. Written requests for participation will be accepted until November 15th, 2006 or until the maximum number of participants is reached.

#### Workshop 1: (maximum attendees 10)

##### Open Surgery Hands-on: Improve your skills

This hands-on workshop will enable both the beginner as well as the experienced trainee in Vascular Surgery, in three common settings of open surgical treatment of vascular disease. These will be abdominal aortic aneurysm repair, carotid endarterectomy and peripheral arterial reconstruction. The participants will have the opportunity to operate or assist in each one of the above mentioned vascular procedures on models, which are exactly the same with that used in the Technical Skills exercise during the part 2 Assessment for the EBSQ-VASC certification. At the same time they will have the chance to discuss various tips and tricks on these topics with experienced Vascular Surgeons who will supervise them. At the conclusion of this intent workshop the participants will hopefully accomplish a thorough self-assessment of their technical ability and performance in certain vascular procedures, having thus the opportunity to improve themselves in the future. Young General Surgeons or experienced trainees in General Surgery are also welcomed.

#### Workshop 2: (maximum attendees 20)

##### Carotid stenting

This comprehensive workshop will enable the beginner as well as the experienced interventionalist to learn many practical aspects of carotid stenting and in particular patient and lesion selection and how to use the protection devices and minimize complications. The workshop will be based on selected cases discussion.

Upon completion attendees will be familiar with:

- Indications for treatment of carotid artery disease
- Patient and equipment selection
- Techniques and tips allowing safe outcomes

#### Workshop 3: (maximum attendees 20)

##### PFO closure

The fast growing field of interventional cardiology has identified the need for PFO and ASD closure.

This workshop will provide attendees with specific knowledge regarding the selection of patients with PFO or ASD who will benefit of the new technique. Also the attendees will learn the special merits of the different devices. The workshop will be based on selected cases discussion.

Upon completion the attendee will learn:

- Indications for treatment of PFOs and ASDs closure
- Patient and equipment selection
- Techniques and tips allowing successful completion of the procedure and dealing with complications

#### Workshop 4: (maximum attendees 20)

##### EVAR for AAA: Tips and tricks

This workshop will provide attendees with the latest information on the treatment of abdominal aortic aneurysms. Patient selection and planning of the procedure will be discussed in detail.

Upon completion attendees will be able to:

- Select the appropriate patients
- Measure aneurysms
- Select the appropriate devices
- Know how to follow-up patients
- Deal with the immediate and later complications

##### **Live Cardiac/Vascular Cases:**

Live Case demonstrations will be broadcasted during Friday and Saturday and will present challenging complex coronary and vascular interventions and will allow for a complete understanding of the implementation of newly developed devices. Commentary will be provided by a panel of experts, while the cases will be interspersed with lectures on topics of interest to attendees.

##### **Case Review Sessions:**

Sessions with Interesting Case Presentations will help to disseminate knowledge from experienced operators and introduce the newcomers to the field.

These sessions will provide a critical overview of techniques that are widely accepted as valid therapeutic option.

The sessions will outline different interventional or vascular surgical procedures including indications, technical adjuncts, potential complications, and limitations. In addition the interesting cases will include challenging case presentations with expert opinions regarding the management of coronary and vascular cases. A special cardiac case review session will be dedicated to a number of Balkan hospitals.

##### **Round Tables:**

A number of different round tables will be held during this meeting. National and international faculty will present their experience on different topics of interest.

##### **Talking with the Experts:**

During the Meeting a "Talking with the Expert" session will take place, focused on the management of stable angina patients.

##### **Educational Course on Radiation Protection (2 days):**

ICE 2006 incorporates a Radiation Protection Course and is organised in collaboration with the Greek Atomic Energy Commission. This two-day course on Radiation Protection in Interventional Cardiology & Endovascular Surgery will be held on Friday, December 8th & Saturday, December 9th, 2006 from 15.00 to 17.00. It is addressed to all interventionalists and their supporting staff and medical facility managers. Pre- registration but no fee is required. Participants must attend the entire course (both days) to obtain a Certificate of Attendance at the end of the Course. Procedures comprising fluoroscopically therapeutic and / or diagnostic interventions result in substantial radiation burden to both patients and staff. The aim of this course is to provide practical advice that will minimize radiation risks to the patient and the attending staff.

To achieve this purpose:

the basic physical principles of X-ray imaging, the radiological effects that might be induced to the human body are to be given, as well as some legal related matters, practical advice on controlling the radiation risks to patients and for reducing occupational doses to staff is to be provided based primarily on experiences gained in greek hospitals.

The outcome of the course will be evaluated by a short written examination at the end of the course.

### **IVUS Course:**

In order to fulfil its educational objective ICE will incorporate special courses. This year an IVUS course will run independently from the main meeting during Friday and Saturday. This course will be organized by Dr Lighthart who is an IVUS expert of the Thorax center. The course, which can be attended by either beginners or experienced interventionalists, will begin with a review of the fundamentals and finally will bring participants up to full speed with all components of coronary interrogation using IVUS. Clinical cases will show how this tool is no longer a novelty, but essential for critical evaluation of coronary artery disease and decision making during intervention.

The participation fee is 50,00 €. If you wish to attend the IVUS course please fill in the appropriate fields in the Pre-Registration Form.

Following this course, attendees will be able to:

- Describe the function of IVUS
- Explain how this technology provide complementary information
- Interpret and report of IVUS images
- Understand how IVUS can direct patient management

### **Nursing Session:**

The Nursing Session, will be held for a second consecutive year and demonstrates the significance of training nurses in cardiovascular disease. The Nursing Session will take place on Friday, December 8th & Saturday, December 9th, 2006 and will target nurses who work in Cardiac Departments, Cath Labs, Cardiac Rehabilitation Units and Heart Failure Clinics.

During the nursing session participants will be able to learn from their colleagues and discuss with them new knowledge and skills in the treatment of the cardiovascular patient.

### **Simulator Training:**

Simulator-based, hands-on training for a variety of interventional and endovascular procedures will be available on Friday, December 8, and Saturday, December 9.

Medical simulation systems allow physicians to gain experience and confidence in a realistic, low-risk environment. In addition, they enable physicians to have hands-on practice with a number of technical and problem-solving skills in a short period of time.



Pre-Registration (no fee) is required.

This training session workshop has been made possible by generous support of Boston Scientific Hellas.

### **Multiple Choice Questions Sessions (MCQ's):**

An outstanding opportunity for an interactive participation via handheld devices on Saturday, December 9th, 2006 (two different sessions). The Organizing Committee will distribute handheld devices at the MCQ Sessions to allow audience interactive participation.

These sessions will offer the attendees the possibility to assess their understanding of the:

- a) management of patients with acute coronary syndromes and
- b) practical pharmacology of the cardiovascular patient.

# Preliminary Scientific Programme

		AM						PM					
		9.00	9.20	10.00	10.20	11.00	11.20	11.45	12.00	12.30	1.00	2.00	
Thursday December 7 2006	<b>Halls</b>												
	A												
	B												
	C												
Friday, December 8 2006	D												
	A	Live Cases & Invited Lectures											
	B	Case-review Session				Lecture		Lecture		Round table: Thrombophilia and Venous Thromboembolism			Light lunch
	C	IVUS COURSE						Coffee Break	IVUS COURSE				
	D	Lecture	Round Table: State of the art in Clinical Cardiac Nursing		Round Table: Nursing management of Heart Failure		Workshop: Evaluation of Results from Educational Intervention at the Application of Clinical Guideline						
E	SIMULATOR TRAINING						SIMULATOR TRAINING						
Saturday December 9 2006	A	Live Cases & Invited Lectures											
	B	Case Review Session				Lecture		MCQs Session					
	C	IVUS COURSE						IVUS COURSE					
	D	Lecture	Round Table: Management of cardiac Pain					Coffee Break	Workshop: Calculation at therapeutic drugs and preparation of solutions in ICU				
	E	SIMULATOR TRAINING						SIMULATOR TRAINING					





# General Information

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## Date and Venue

All sessions of the Meeting will be held from 7th to 9th December 2006 at Hotel Du Lac Congress Center. Du Lac Congress Hall is easily accessible and is a self-contained centre with full support facilities to accommodate all the participants and all the parallel sessions of this highly complex scientific event.

## Internet

The official meeting website <http://www.ice2006.gr> will be uploaded on September 2006 and will provide the participants with a wide range of information and the possibility of registering online and making accommodation arrangements online.

## Official Language

The official language of the Meeting have to be Greek but slides will be prepared in English. The lectures of the foreign invited faculty will be delivered in English. Simultaneous translation will not be provided.

## Registration

Registration for the Meeting is free of charge.

However, a fee of 20,00 € will apply for participation in the Pre-Meeting Workshops and a fee of 50,00 € will apply for participation in the IVUS course.

Pre-registration for participation is strongly advised to ensure the participant's congress material. For all registration related issues, kindly refer to the attached Registration Form.

## Social Events

In addition to the scientific programme, there will be time to relax and network, including:

- A Welcome Reception, and
- A Farewell Dinner, and also
- Lunches and
- Coffee Breaks

## Accommodation

An adequate number of hotels in the city of Ioannina has been reserved. TIP: Do not leave your hotel arrangements too late. Requests will be honoured a first-come first-served space-available basis. For more information please visit the URL Meeting: <http://www.ice2006.gr> on September and make your reservation.

## Sponsorship

Pharmaceutical companies, equipment companies and medical publishers are invited to participate in the meeting and the exhibition.

## How to reach Ioannina

Ioannina is accessible by car by the main routes from Athens and Thessaloniki, 5 hours and 4 hours drive respectively.

By air, the national carrier Olympic Airways and also Aegean Airlines have daily flight connections to and from Ioannina with Athens.

For reservations you may contact the Organizing-Administrative Bureau Conferre Ltd. (Tel: 26510 68610, Fax: 26510 68611, e-mail: [info@conferre.gr](mailto:info@conferre.gr)).

# Preliminary Scientific Information

## General Scientific Sessions

### At – a - Glance

<b>Thursday</b> <b>December 7,</b> <b>2006</b>	<ul style="list-style-type: none"> <li>• Pre-Meeting Parallel Workshops</li> </ul> <p>Limited Number of Participants – Registration Required (20.00 € per person)</p> <p>Deadline of Registration November 10th, 2006</p>
<b>Friday</b> <b>December 8,</b> <b>2006</b>	<ul style="list-style-type: none"> <li>• Live Cardiac Cases <span style="float: right;">Free Registration</span></li> <li>• Invited Lectures <span style="float: right;">Free Registration</span></li> <li>• Case Review Sessions <span style="float: right;">Free Registration</span></li> <li>• Round Tables <span style="float: right;">Free Registration</span></li> <li>• Talking with the Experts <span style="float: right;">Free Registration</span></li> <li>• Nursing Session <span style="float: right;">Free Registration</span></li> <li>• Radiation Protection Course (Day 1) <span style="float: right;">Pre-Registration is Required (no fee)</span></li> <li>• Simulator Training <span style="float: right;">Pre-Registration is Required (no fee)</span></li> <li>• Ivus Workshop <span style="float: right;">Pre-Registration is Required (€ 50,00)</span></li> </ul>
<b>Saturday</b> <b>December 9,</b> <b>2006</b>	<ul style="list-style-type: none"> <li>• Live Vascular Cases <span style="float: right;">Free Registration</span></li> <li>• Invited Lectures <span style="float: right;">Free Registration</span></li> <li>• Cases Review Session <span style="float: right;">Free Registration</span></li> <li>• Round Tables <span style="float: right;">Free Registration</span></li> <li>• Multiple Choice Questions <span style="float: right;">Free Registration</span></li> <li>• Cases Review from different Balkan Hospitals <span style="float: right;">Free Registration</span></li> <li>• Nursing Session <span style="float: right;">Free Registration</span></li> <li>• Radiation Protection Course (Day 2) <span style="float: right;">Attendance of Day 1 required (no fee)</span></li> <li>• Simulator Training <span style="float: right;">Pre-Registration is Required (no fee)</span></li> <li>• Ivus Workshop <span style="float: right;">Pre-Registration is Required (€ 50,00)</span></li> </ul>



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