## The new era in IBD Capsule Endoscopycomprehensive disease monitoring with a single capsule

PillCam Crohn's

Rami Eliakim | Sheba Medical Center

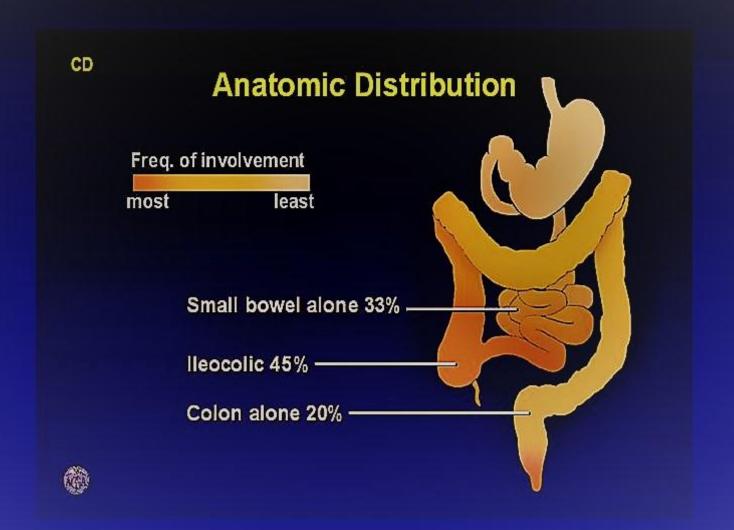
Sackler Faculty of Medicine | Tel-Aviv University, Tel-Aviv, Israel 16<sup>th</sup> Panhellenic IBD congress, Nafplion, June 10th, 2017







## Crohn's Disease Anatomic Distribution

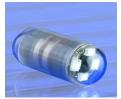


## Capsule Endoscopy in CD

- Suspected CD- role well established → primary tool after a negative IC when no obstruction is suspected
- Known CD-?????? Limited to unexplained bleeding/symptoms after all other tools have been exhausted

ECCO guidelines 2013, ESGE guidelines 2016

## Good reasons for bowel evaluation in established cp:



- Disease activity & severity
- Disease distribution/extent
- complications



Stratify patients to Low versus High risk

- Disease activity & severity
- Mucosal healing



Therapeutic plan
Treat to target concept

- Before treatment
- After treatment
- After surgery



**Prognosis** 

## Lessons from the initial results of the IIRN trial in known CD- a 3y prospective study

#### **Primary goal:**

+ To examine if periodic CE, in conjunction with MRE, Inflammatory markers, and immunology phenotyping can predict imminent flares and complications in CD patients in remission or with mild activity

#### **Secondary goals:**

- To evaluate the prevalence of active inflammation, mucosal healing and deep remission in CD patients using biomarkers, CE and MRE
- Evaluate the impact of CE and MRE on disease reclassification

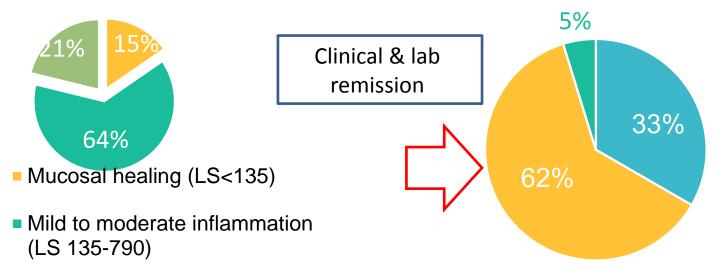
# What have we learned from the initial results of the IIRN trial in known CD?? Safety

All capsules reached the cecum (SB3)
 or toilet (CC2)- all together 240 capsules...

- No cases of VCE retention
- 100% full small bowel examination

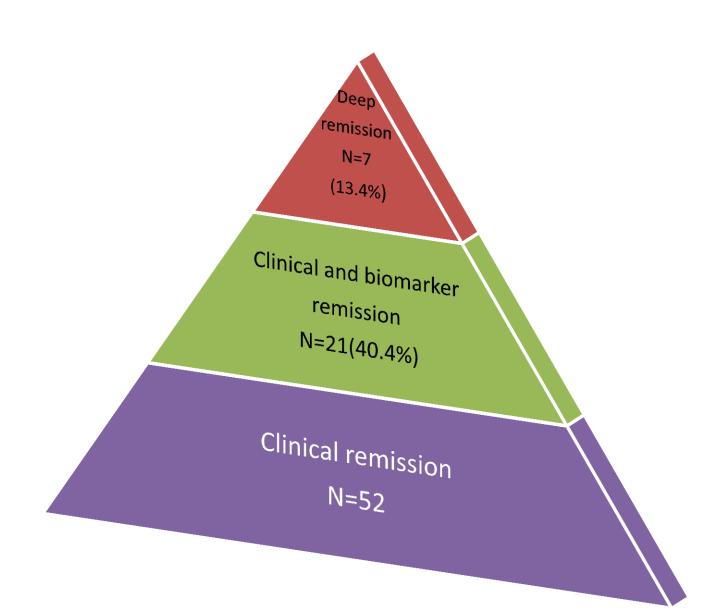
## What have we learned from the IIRN?disease activity

 Small bowel inflammation, is severely under-estimated by current techniques. Such inflammation was disclosed by CE in > 70% of patients in clinical remission, many with normal CRP & Calprotectin (i.e. Lab remission)



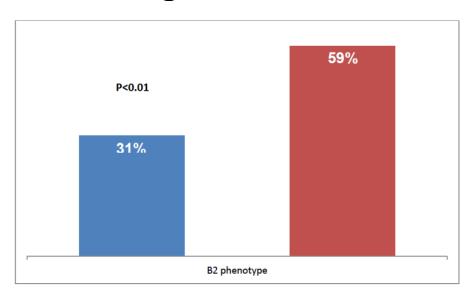
 These findings may greatly impact our understanding of how best to alter the natural history of CD (Kopylov, Am J Gastroenterol 2015)

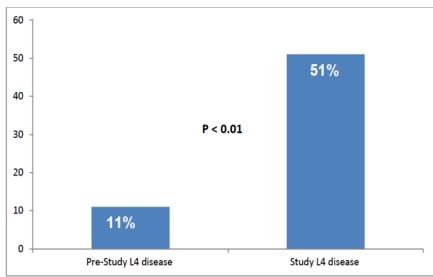
#### How frequent is small bowel mucosal healing?



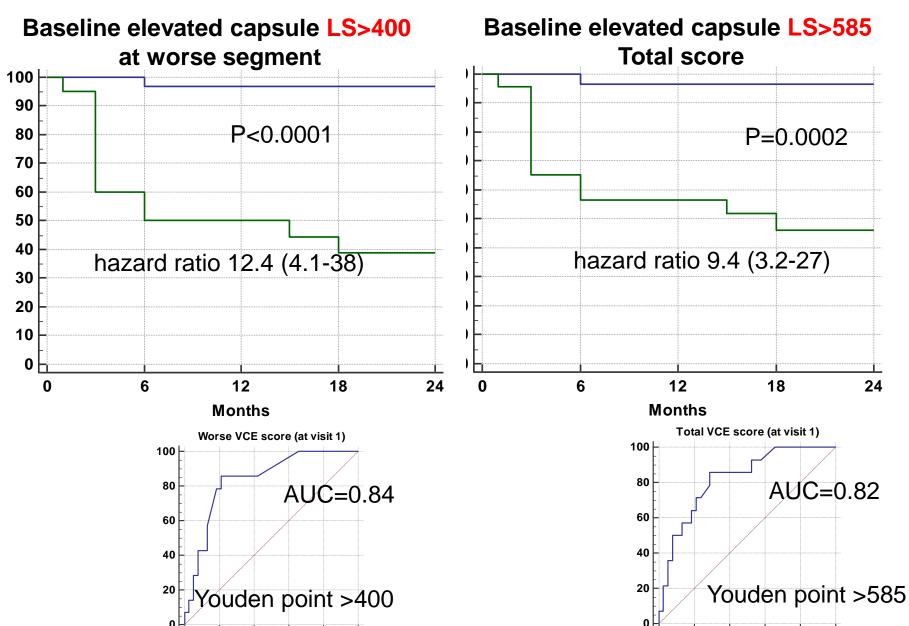
## What have we learned from the IIRN trial in known CD?- Phenotype change

 MRE and CE can re-classify the original phenotype of CD in 2/3 of patients, which may impact management decisions





#### Refined Lewis score predicts prognosis better



100-Specificity

100-Specificity

## Insights....

- This findings lead to the concept that one needs one PillCam to view the entire gut
- Up till a few months there was only one way of doing that- early activation of PillCam Colon2

## PCCE-2 in CD: pan-enteric capsule for a pan-enteric disease

## Safety and Feasibility of Using the Second-Generation Pillcam Colon Capsule to Assess Active Colonic Crohn's Disease

D'Haens<sup>1, 2</sup>, Löwenberg<sup>1</sup>, Samaan<sup>1, 2</sup>, Franchimont<sup>3</sup>, Ponsioen<sup>1</sup>, van den Brink<sup>1</sup>, Fockens<sup>1</sup>, Bossuyt<sup>4</sup>, Amininejad<sup>3</sup>, Rajamannar<sup>2</sup>, van Gossum<sup>3</sup>

**Clin Gastroenterol Hepatol 2015** 

- Multicenter 40 patients with known Crohn's Disease (colon ± SB)
- PCCE-2 IC then same or next day
  - CCE shows moderate to strong correlation with endoscopy
  - CCE underestimates disease severity vs. Colonoscopy
  - CCE was better tolerated. No adverse events, no cases of capsule retention

## PillCam COLON 2<sup>©</sup> in Crohn's disease: A new concept of pan-enteric mucosal healing assessment

12 patients, active L3 disease

IC + small bowel capsule endoscopy at diagnosis

Inflammatory (B1) Phenotype

10 patients on azathioprine ± biologic

Corticosteroid-free remission (HBI< 5)

Follow-up ≥ 1 year

- PCCE-2 was used to assess pan-enteric MH
- MH- defined as Lewis Score < 135 in the SB</li>
- No ulcers / erosions in the colon



### Pillcam<sup>TM</sup> Crohn's capsule

#### INDICATIONS FOR USE

The PillCam Crohn's capsule is intended for visualization of the **small bowel** and **colonic** mucosa

in adults and children from eight years of age.

To visualize & monitor lesions that may indicate Crohn's

disease - suspected or known



### PillCam Crohn's- product "package"

Crohn's capsule
 Sensor belt & sensor array







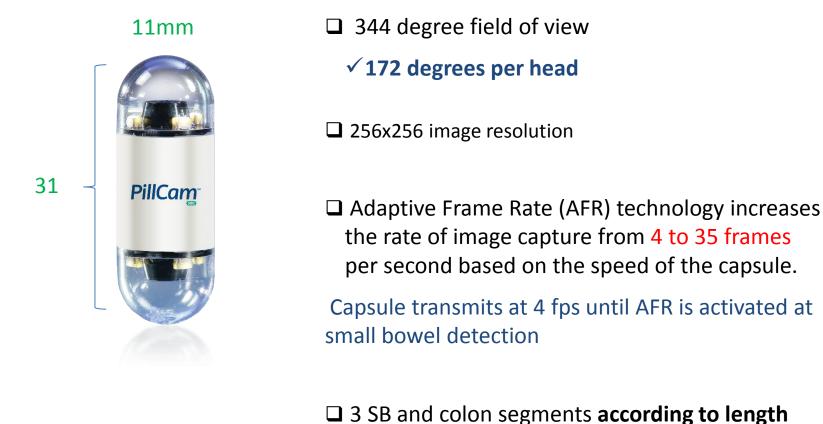




### Pillcam<sup>TM</sup> Crohn's system

#### **FEATURES**

PillCam <sup>™</sup> Crohn's: PAN-INTESTINAL TOOL FOR A PAN-INTESTINAL DISEASE.



### Pillcam<sup>TM</sup> Crohn's patient Regimen

#### **Day 1 Prior**

Begin clear liquid diet
(Approximately 1L of clear liquids should be consumed throughout the day



7 pm – 9 pm Ingest 2L of PEG (ingest over 2 hours)



Continue with clear liquids



#### **Day of Procedure**

7 am – 9 am
Ingest 2L of PEG
(ingest over 2 hours



10 am
Ingest PillCam™
Crohn's capsule

1 hour later

10 mg metoclopramide



At small bowel detection

180 mL oral sulfate solution added to 300 mL of water Drink additional 1L of water (resume clear liquids)



3 hours later

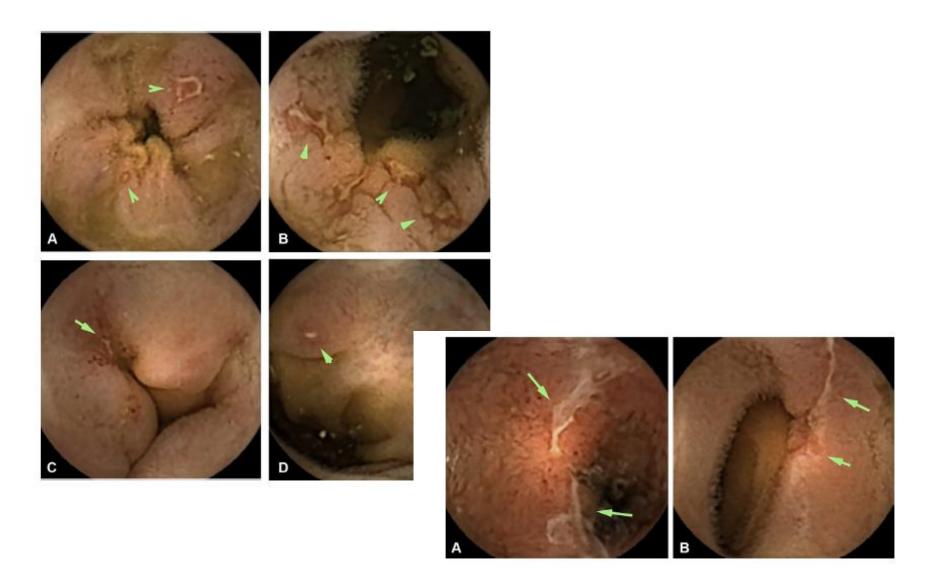
90 mL oral sulfate solution added to 150 mL of water Drink additional 1L of water



2 hours later – 10 mg bisacodyl suppository 2 hours later – Light meal



## this is what one may see.....



#### Pillcam<sup>TM</sup> software

#### READ THE STUDIES WITH GREATER EFFICIENCY

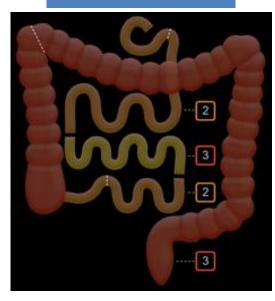




Assessment of disease activity by segment

- Small bowel defined by progress vs. time
- Optional sub-segments provide more detailed analysis

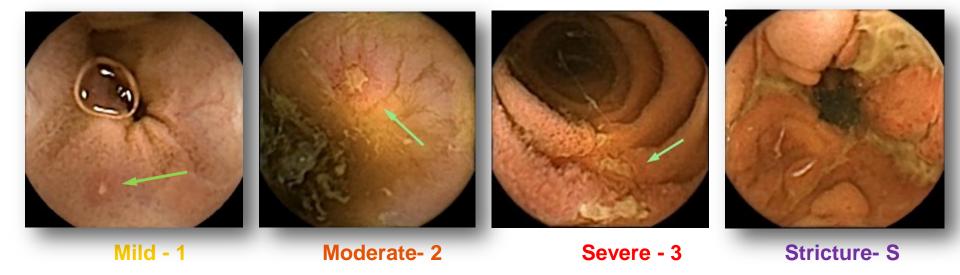
GI Map



Graphical representation of data from the GI Table for analysis and comparison

### PILLCAM<sup>TM</sup> CROHN'S CAPSULE

#### **LESION SEVERITY**



#### **LESION SEVERITY RATING.**

**1. Mild**: Superficial, small ulcer or erosion.

**2. Moderate**: Intermediate ulcer in terms of size and depth.

**3. Severe:** Prominent ulcer (size & depth) with either circular, longitudinal, "kissing",

fissuring or "cobblestone" morphology.

**S. Stricture**: Existence of a stricture.

#### PILLCAM<sup>TM</sup> CROHN'S CAPSULE

#### DISEASE EVALUATION METHODOLOGY

☐ Complete evaluation of all the 3 small bowel segments and the colon:

Most Common
Lesion(MCL) Most Severe
Lesion (MSL)

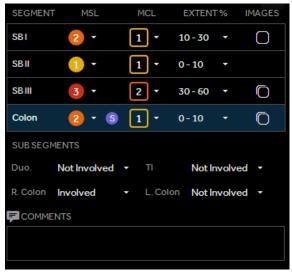
MCL-1 MSL-2 MSL-3 MCL-1 & MSL-1

30-60% Disease 0% >60% 10-30%

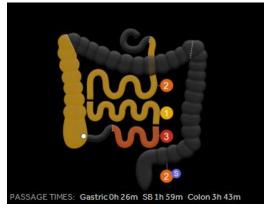
Extent

1/3 SB 1/3 SB 1/3 SB Colon

☐ In order to filled by segment the GI table and obtain a GI MAP





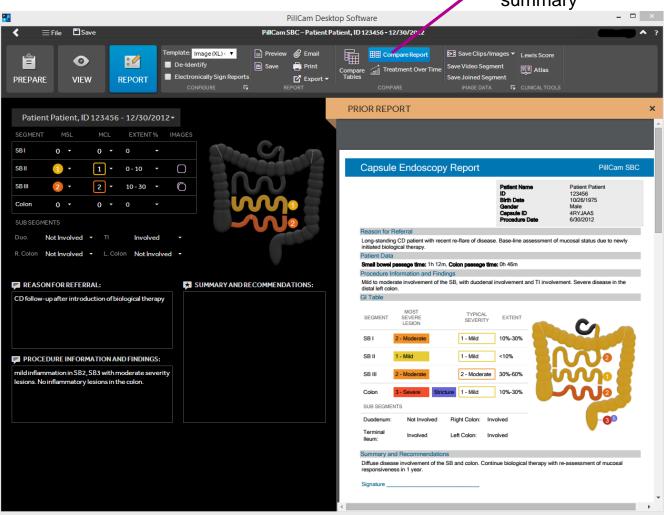


**GI MAP** 

#### PILLCAM CROHN'S CAPSULE

#### REPORT SCREEN

Click Compare
Report to view
prior report
summary



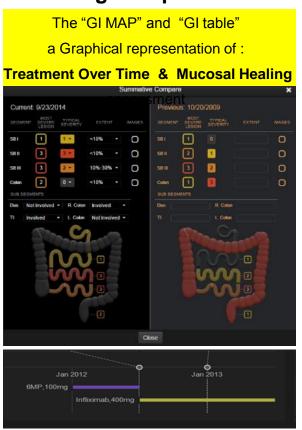
### Pillcam<sup>TM</sup> Crohn's system

#### **FEATURES**

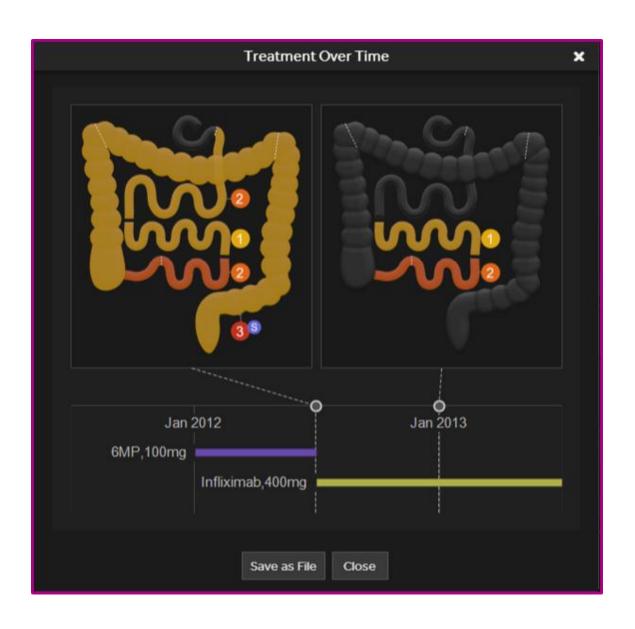
#### PillCam<sup>™</sup> Software V9:

Software enables a quantitative assessment of disease progression **over time** to evaluate Rx effectiveness & MH of the SB and colon **with a single capsule.** 





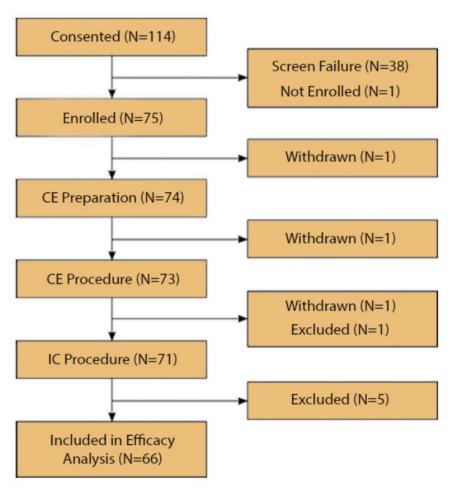
## **Comparing treatment overtime**



## Comparing diagnostic yield of a novel pan-enteric video capsule endoscope with ileocolonoscopy in patients with active Crohn's disease: a feasibility study

Jonathan A. Leighton, MD, <sup>1</sup> Debra J. Helper, MD, <sup>2</sup> Ian M. Gralnek, MD, MSHS, <sup>3</sup> Iris Dotan, MD, <sup>4</sup> Ignacio Fernandez-Urien, MD, <sup>5</sup> Adi Lahat, MD, <sup>6</sup> Pramod Malik, MD, <sup>7</sup> Gerard E. Mullin, MD, <sup>8</sup> Bruno Rosa, MD

Scottsdale, Arizona; Indianapolis, Indiana; Baltimore, Maryland, USA; Afula, Tel Aviv, Israel; Navarra, Spain; Guimarães, Portugal



#### **Detection rates**

TABLE 6. Detection rate per segment

Segment	Subjects with active lesions (n)	Capsule detection rate (%)	IC detection rate (%)	Capsule–IC detection rate (%)	95% CI† detection rate (%)
Ileum*	46	70	54	16	3-26
Cecum	23	38	26	12	-2 to 26
Ascending colon	27	36	34	2	−9 to 12
Transverse colon	22	30	24	6	-3 to 16
Descending/sigmoid Colon	27	39	31	8	−3 to 16
Rectum	20	29	25	4	-3 to 16

IC, ileocolonoscopy; CI, confidence interval.

†Based on the Wald interval method for paired proportions.

TABLE 8. Characteristics of active Crohn's disease in subjects with proximal small-bowel disease

Characteristics of active Crohn's disease in the proximal small bowel	Number of subjects (n = 30)	
Ulcers other than aphthous-type lesions	25 (83.3%)	
Aphthous ulceration	16 (53.3%)	
Inflammatory stricture	6 (20.0%)	
Bleeding	2 (6.7%)	

<sup>\*</sup>The terminal ileum using the capsule was defined as the video segment 10 minutes before the cecum was reached. Thus, it may include mucosa of the more proximal small bowel.

## "PIANO" study-proof of concept

- Multicenter prospective feasibility study
- 50 patients (10 from each center)
- Mainly known CD (69%); UC- 10%; susp. CD- 21%
- Technical issues:
  - Completion rate
  - Reading time
  - Quality of images
- Patients issues:
  - Convenience of patients & operators
  - Safety

## "PIANO" study-results

- 68 screened; 54 recruited (14 patency failures); 49 ingested the capsule (5 withdrew consent)
- All 49 patients completed the study
- All capsules reached the toilet, most while photographing
- Reading time- much shorter than PillCam C2 for CRC/polyps
- Excellent quality pictures

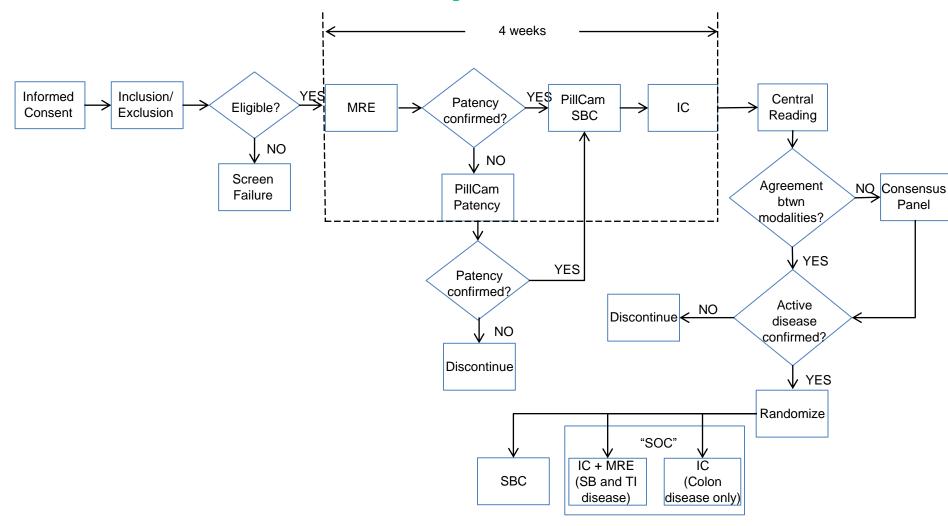
#### **Summary**

- The new pan-enteric capsule is safe in patients with IBD
- It may have an important role in assessing pan enteric MH
- The new software allows <u>follow up</u> and comparison over time
- The capsule's role as a screening tool to patients with suspected CD needs further evaluation

### The Blink study- starting soon....

Purpose of study	assess positive/negative agreement for lesions in the SB & colon comparing PillCam SBC capsule versus IC plus MRE in symptomatic or asymptomatic subjects with known CD and mucosal disease.
Study design	Multicenter, Prospective, Randomized Study
Number of patients	352 /~30-40 sites
Patients population	Patients > 8 years with active CD and mucosal disease on clinical evaluation
Study Procedures	All enrolled subjects will undergo IC, MRE and PillCam SBC imaging at baseline evaluation. Those with confirmed disease will be 1:1 randomized to either the PillCam SBC group or the Standard of Care group for the follow-up. Subjects followed at q3 months with additional imaging studies based on randomization taking place at 6 and 12 months.
Follow up	Q3 M
Duration of study	~3 years

### **Study flow**



This will teach us a lot about the role of SBC capsule versus standard of care techniques- regarding sensitivity, safety, costs and possibly outcomes

